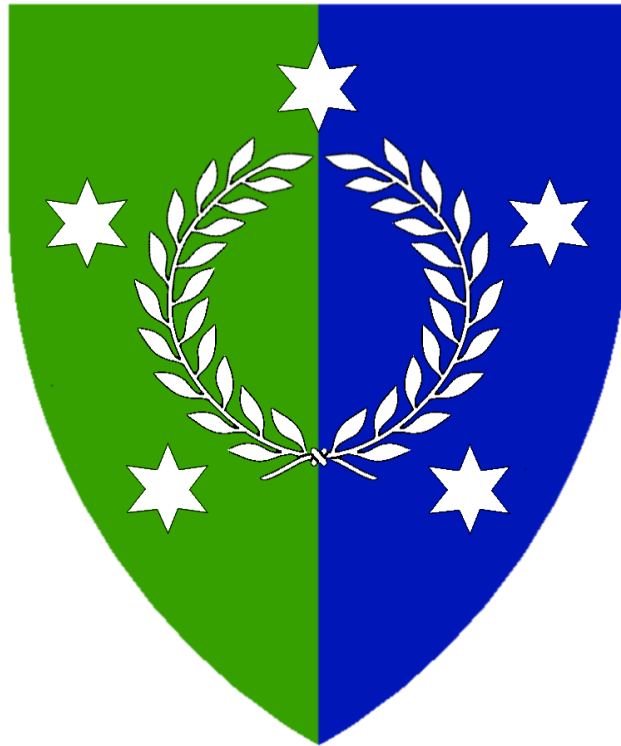


The Zephyr

October, 2012



In This Issue:

🌀 Greetings from the Baron and Baroness 🌀	2
🌀 Officer Reports 🌀	3
🌀 Court Report 🌀	4
🌀 News from Ayreton 🌀	4
🌀 Upcoming Events.....	7
🌀 Ayreton Activities Calendar 🌀	7
🌀 Ayreton Groups On-Line 🌀	9
🌀 Officers of the Barony of Ayreton 🌀	10
🌀 Group Information for the Barony of Ayreton 🌀	11

This is the October, 2012 issue of the Zephyr, the official newsletter of the Barony of Ayreton, a branch of the Society for Creative Anachronism, Inc. The Zephyr is published as a service to the membership of the SCA's Barony of Ayreton. Subscriptions are free.

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Greetings from the Chronicler

Welcome to the October 2012 issue of the Zephyr.

Submissions and Publication

I'm happy to receive submissions of any sort for our newsletter. If you write it or draw it, I'll find space to publish it. We are publishing on a quarterly basis, and the next issue will come out in October, with a submission deadline of the end of September. I look forward to your contributions!

Mistress Sarafina Sinclair
Chronicler

Greetings from the Baron and Baroness

It doesn't seem that long ago we were writing our spring note and yet so much has happened since then. The barony has participated in a great number of events, challenges, and wars. We've had archers on a champions team and building arrows for their majesties, seamstresses working on behalf of the royal family, and many fighters taking field in all forms. We've got a couple of new peers in our midst, a new sergeant, and several who've had their arms augmented as shows of gratitude from their majesties for their hard work. Along those lines, Congratulations to Seamus MacBain, our first Baronial Armored Champion, who was awarded the Gold Mace at Pennsic War.

Here we are with the crisp chill of fall in the air, looking forward to the challenges that the seasons spent more indoors than out present. Soon upon us will be the Royal University of the Midrealm (RUM), hosted by our own canton of Vanished Woods. Many of our own will be participating as instructors, including some relatively new to teaching, so let's get out to support them!

In a short time, our dear friends and neighbors in Ravenslake will host the Known World Academy of Rapier / Known World Costume Symposium. This presents an excellent opportunity for us to show them appropriate thanks for all the support they've given us over the years, by helping out or attending. We know that many of our own will be teaching there and will need our support as well. If you think you've no reason to attend, think again. We all want members of our barony to shine and there is so often more we can learn about costuming—something we all participate in to one degree or another. Why not up that a bit?

In Service,

THL Nadezda ze Zastrizl
Capt. Henry of Exeter
Baroness & Baron Ayreton

Seneschal Report

Greetings to Ayreton from your Baronial Seneschal.

We are currently in a time of change. The weather is changing from warm to cool, the martial focus is changing from melee to tournaments, and event focus is changing from camping events to indoor locations. Just because things are changing does not mean there is nothing SCA to do in our neck of the woods. We have some great events coming up including Vanished Wood's RUM, the Shire of Ravenslake's Known World Academy of Rapier and Known World Costume Symposium (KWAR/KWCS), and Tree-Girt-Sea's 12th Night. I am proud to announce we will also have a dancing themed Carnivale (Feb 23rd) down in Des Plaines, so start practicing your dance steps and creating your garb now. Both RUM and KWAR/KWCS will have Royalty present and I highly encourage everyone in Ayreton to attend Their Majesties Court at these events as well as offering their time as royal retainers or court guards.

Another upcoming event is the Midlands Regional A&S Faire, scheduled for the first weekend in March. As a previous Midlands A&S Champion, I would love to see this honor returned to our fair Barony. If you want to enter the regional A&S competition, now is the time to start planning & researching. For more information, please contact either your canton or baronial A&S officer.

It is also time that we start thinking of how best to build the Royal presence of our Barony. We are now collecting bids for Baronial Regalia. Do you think the Barony needs a Baronial rug for court? How about new pillows or pennons? If you think the Barony is in need of something or you're an artist or group who would like to design and create an item for the Barony then please consider creating a bid. Bids should include a design, cost, timeframe for construction, materials, and who will be involved. Please do not create any Baronial item without first submitting a bid. Bids collection will be ongoing and can be sent to ayretonbaronessbaron@hotmail.com as well as myself verena@broomstich.com

Finally I would like to remind everyone that we are still looking for a few deputy positions for our officers. Serving as an officer is incredibly simple and is one of the easiest most important ways you can help serve Your Barony.

In Service,

Baroness Verena Entenwirt
Seneschal

Pursuivant Report

Greetings Ayreton,

The Days grow shorter and the temperatures lower. We are marching forward into the cold with warmth in our hearts and projects in our imaginations.

During these days we find ourselves with more time to work on those things we have put off during the warmer weather; the weaving, dying and sewing projects, the carving, building, casting and all the other plans. Take the moment if you will to consider your heraldic display. If you don't already have a registered device, consider designing one. Maybe you want to register a name that is yours and yours alone. Whatever heraldic course you choose to follow, reach out to your local Pursuivant for guidance and resources if needed. That is part of what they are there for.

If you like you may always come to me and I can help to the best of my ability.

I will be hosting another Baronial Heraldic Consult Day in the next few months. This is open to anyone who wishes to attend. More details will follow.

Whatever areas you wish to pursue, do it with passion.

In Service I remain,

Herr Alexander Adelbrecht von Markelingen, APF
Pursuivant Ayreton

Upcoming Officer Reporting Schedule

Baronial and Canton Officers, please take note of these upcoming report dates.

Officer	Due Date
Archery Marshal	December 1
Chatelaine	May 1
Chirurgion	December 1
Chronicler	January 1
Exchequer	January 31
Herald	December 31
Knights Marshal	December 1
Minister of Arts & Sciences	January 1
Minister of Youth	January 15
Rapier Marshal	December 1
Seneschal	January 15
Webminister	November 15

🔗 Court Report 🔗

Court of Their Excellencies Henry & Nadezda, 22nd day of September A.S. 47 (c.e. 2012), held at Foxhunt in Their Canton of Foxvale. Heralded by Herr Alexander Adelbrecht von Markelingen. Seneschal was Baroness Verena Entenwirth. Creation of New Award of Ayreton: Award of the Pleiades of Ayreton, Award of the Pleiades of Ayreton: Liam of Galway

🔗 Articles 🔗

Elizabethan Overview for a Middle Class Townsperson

Introduction: There was no formal middle class at this time period. There were the nobility/gentry and the lower classes. However, many merchants and townfolk were becoming so wealthy via trade and services that they could ape the manners of the upper class and enjoy many of the same luxuries. So they started to develop their own habits and characteristics different from that of poorer folk or higher class. The more luxurious living conditions similar to those of the nobility were accompanied by the conservative morals and thrifty nature of self-made men who had come up from simpler beginnings. The Statue of Apprentices in 1563 mandated that all persons except gentlemen, scholars and landowners must choose a trade from the crafts, the sea or agriculture. Industrial districts began to develop and many farmers were driven by enclosure of the open lands to move to industrial and trade centers for work.

Lifestyle: Thanks to the changes wrought by her father Henry VIII, Elizabeth I was the leader of the English Church and the central figure of an Elizabethan's religion. She was Queen by divine mandate from God and was the most important figure in their lives. When she sometimes went out into England to make progresses and meet her people, she was cheered and welcomed. Towns would plan elaborate masques and festivals in her honor.

Elizabethans were very superstitious and attracted to the fanciful and the occult. Charms and amulets were often worn. Signs and omens were taken seriously. Anything out of the ordinary could be taken as an omen—it was bad luck to hear a toad croak or an owl hoot. Many things could signal an impending death, like blood dripping three times from a nose, a red or bloody moon. Remedies were often based on folk tradition—tumors could be removed by stroking with a corpse's hand. Feeding on snakes could restore your youth.

Religion: Church services were mandated on Sundays and festivals. Morning services in the church began at 7:00 am and sometimes at 5:00 am in schools and cathedrals. Psalms and lessons or readings were followed by communion followed by a sermon and a psalm. Infants were baptized after the morning service—an infant must be baptized within the first month after birth or his/her parents were fined. Afternoon service was at 2:00pm with psalms, lessons and a sermon, and catechism for young folks over six and under the age of 20. A good subject went to evening services as well. Communion was not given to those who did not know their catechism and ten commandments. Communion was required at least three times a year.

Education: Both public and private schools were becoming more and more available for the lower and classes who could not afford private tutors. Merchant guilds would sometimes sponsor the school fees of poorer students. Wealthy tradesmen might endow a school to show gratitude for their success. The early school for small children was called a petties or petty school. Though not everyone could write, more and more folk were learning to read and the literacy rate of the populace was rising. Like now, those of the lower classes could use education to better their lot in life and create opportunities.

Living Conditions: In cities and towns, homes were usually built of timber and plaster. The merchant's shop was in the front part of the house on the ground level, with the rest of the house serving as the merchant's residence. Sometimes, temporary booths might be set up by doors and windows to draw shoppers within. The main, largest room in a wealthy home was the hall, where gatherings took place and meals were taken. There may have been a separate room for women to gather and do needlework or play music, called a bower or withdrawing room. Privacy was nonexistent—rooms opened into one another and were not the modern convention of doors opening on a hallway. Often, wooden floors were covered with carpets or strewn with rushes. Homes could be heavily ornamented with plasterwork, tapestries or cloth hangings, wainscoting/paneling, paintings and painted walls. Sometimes a posy might have been painted on the wall—a pithy saying or verse, like one recommended by Thomas Tusser who wrote a book called "Good Husbandry":

Hast thou a friend as heart may wish at will?
Then use him so to have his friendship still.

Toilette needs were made at home or purchased from the apothecary, such as balls of scented soap or a tooth rinse made of a quart of honey, a quart of vinegar and a pint of white wine.

Leisure activities: Elizabethan folk loved a good festival. There were regular fairs called ales, at which ale (the staple beverage of the time) was consumed heavily. For example, a Church Ale was often held to raise funds for decoration or repair of the church, and attendees may have contributed more than intended due to overindulgence. Like modern times, most public demonstrations were accompanied by fireworks. Also, Elizabethan folk loved a good practical joke, sometimes to the point of cruelty or bullying by modern standards, like tossing in a blanket or Dun in the Mire (played with ropes and a log of wood but where participants often arranged for the log of wood to fall upon each others toes during the game).

Elizabethan folk also loved group sports such as football, balloon ball (large leather ball pushed about either with hands or a short wooden paddle); stow-ball or bandy-ball (golf); tennis; trap-stick or trap-ball (ball struck out of a trap

with a small paddle and batted before reaching the ground); and barley-break a/k/a "The Last Couple in Hell." This last game was played by six people, three of each gender, coupled up at random. The playing field was divided into three compartments, with the middle one called hell. The couple placed in this section moved to catch the other couples bound by various rules and the game was over when all couples had been caught and placed in hell. Elizabethans also loved music, both instrumental and vocal, and dancing. The higher orders and those trying to imitate them like the upper middle class were fond of Italian and French dances. Most other folks were fond of country dances and even the nobles would sometimes do country dances at court.

Food: Elizabethan meals were prepared in a number of ways, including spit roasting, baking, boiling, frying, salting/preserving and smoking. The staple beverage was ale but the wealthy and upper classes also drank wine. Basic foods for all classes were bread, fish and cheese. Those who could afford it ate meat such as lamb, beef, mutton, pork, veal, rabbit, and fowl. Commonly eaten vegetables were turnips, parsnips, carrots, onions, leeks, garlic and radishes were also eaten. Sometimes fruits were added to the meal such as apples, pears, plums, cherries and strawberries. Forks were just being introduced from Italy during this time, so they were not used much until later in history. You cut up your food with your own eating knife and ate it with your fingers or with a spoon. Elizabethans also had a real sweet tooth and loved desserts such as pastries, tarts, crystallized fruit and marzipan, called marchpane and fashioned into decorative edible displays.

Clothing: Clothing was governed by sumptuary laws listing what you could wear depending on such factors as land ownership or annual income, but the middle class loved to push the envelope. They would wear many of the same fashions as the nobility but with less dear fabrics and simpler trims. Elizabethans loved bright colors and had many descriptive names for colors such as gooseturd green (yellow green), dead spaniard (pale grey tan), orange tawney (orange brown), incarnate (red), lusty gallant (vivid red) and maide's blush (rose). Both men and women wore hats or headcoverings. Children dressed the same as the adults with simpler fabrics and fastenings.

Clothing was layered. A woman would start with a smock or shift, followed by her stockings, corset or boned petticoat or "petticoat bodies," farthingale, bumroll and petticoat. This would be followed by her kirtle or underskirt (with forepart if appropriate), her partlet when needed and her gown. Ruffs were common as well, stiffened with starch into figure-eight shapes and sometimes accented with blackwork embroidery. The working middle class might wear a corded petticoat rather than a farthingale for easier movement. Clothing would be heavily ornamented with embroidery or beadwork if time and wealth permitted. Sleeves were considered a separate garments and were attached to the gown via brass pins, laced or hooked onto the gown or sewn on as needed and then removed for storage. Clothing was worn into the ground, taken apart and remade or bought from or sold to vendors in the thriving used clothing market.

By Lady Margrett Norwoode

Midlands Persona Project

I would like to let everyone know about a new Midlands project that is going on. The Midlands Persona Project is part of the A&S50 Challenge (artsandsciences50.org), and was created as a way to encourage more persona research in the Midlands.

Once every two weeks a new topic is posted with various questions. You then have 2 weeks to research and answer as many questions as you want or can for your own persona. You can answer your questions as a blog, a journal, or there is even an online form where you can submit your information.

You can take part online through Facebook or through the Midrealms A&S50 yahoo groups. Questions so far have included topics such as where you are from and who is your local ruler/government. The goal is to create a fun, easy, interesting way for you learn more about your persona.

For more information visit the Facebook group "Midlands A&S50 Persona Challenge" or email me at verena@broomstich.com.

🎪 Upcoming Events 🎪

Royal University of the Midrealm

Come to the Barony of Ayreton
And Join All Souls in Vanished Wood for RUM!
November 3, 2012

This event will be held at the same sites as All Soul's was last year. Peaceful Arts and Sciences Classes, Populace Room, Feast and Court will be held at The Roselle UMC. Across the street, ~~drinking and fighting~~ Brewers, Vintners and Marshal Arts Classes will be offered at The Trinity Lutheran Day Center.

An entertaining and delectable feast with a PIRATES OF THE MEDITERRANEAN theme is planned.

Roselle UMC
206 S. Rush St. Roselle, IL

Visit www.vanishedwood.org as the date draws near for detailed information.

🎪 Ayreton Activities Calendar 🎪

Here is a summary of the activities regularly scheduled in the Ayreton area. You should always consult the host of an activity ***before*** attending to confirm.

Monday Activities

Barons Noyse: Recorder consort and instrumental workshop. Any instrument is welcome. Absolute beginners please call first.

WHEN: Monday Nights from 7:30 to 9:00 p.m.

WHERE: Robyyan and Fern's. Address: 2506 W. Morse Ave, Chicago, IL 60645

CONTACT: Phone Number: (773) 764-1920

Project Night: Everyone is welcome to bring current sewing projects or just an idea with them

WHEN: 2nd and 4th Mondays

WHERE: Home of Mistress Sarafina. Call for directions.

CONTACT: Mistress Sarafina @ (312)-493-2255

Tuesday Activities

Silver Thimble Guild For Conspicuous Consumption: Join the Guild for sewing and garb research.

WHEN: Every other Tuesday

WHERE: at Mistress Juliana's house, just Northwest of downtown

CONTACT: Mistress Juliana @ 773-750-2180. Please call before coming.

Thieves Of Hearts Practice: Group as well as one-on-one instruction in rapier combat for both singles and melee.

WHEN: Tuesday evenings 6:30pm to 9pm

WHERE: Glenbrook North High School. Address: 2300 Shermer Road, Northbrook, IL

CONTACT: <http://thieves.ayreton.org/>

Wednesday Activities

Tree Girt Sea Scribal Night

Open to anyone in the Ayreton region who is interested in calligraphy and illumination.

WHEN: Meetings held the 1st and 2nd Wednesdays of the month, 7:30 pm to 10 pm

WHERE: At the home of Dame Jocelyn of Lutterworth (mka Vickie Rayhill)

CONTACT: 847-824-3814 for info and to RSVP

Court and Country: Court and Country is a period vocal group in the northwest suburbs (Wheeling). We would love to add more voices to our group.

WHEN: Wednesday Nights from 6:30 to 9:00 pm

WHERE: Wheeling

CONTACT: CourtAndCountry@gmail.com

Ayreton Archery Practice: Everyone is welcome -- please come out!

WHEN: Every Wednesday 7:00 pm - 9:00 pm.

WHERE: 7240 West Madison, Forest Park

CONTACT: THL Lukas Mesmer – stoutmaker@hotmail.com

Thursday Activities

Tree Girt Sea Scribal Night

Open to anyone in the Ayreton region who is interested in calligraphy and illumination.

WHEN: Meetings held the 3rd and 4th Thursdays of the month, 7:30 pm to 10 pm

WHERE: At the home of Dame Jocelyn of Lutterworth (mka Vickie Rayhill)

CONTACT: 847-824-3814 for info and to RSVP

Rokkehealden Scriptorium: The Scriptorium is open to anyone who is interested in any aspect of the scribal arts.

WHEN: Same as Rokkehealden moots

WHERE: See Rokkehealden Moot location

CONTACT: For more information, go to: <http://www.midrealm.org/rokkehealden/>

The Pippins: The Pippins are an a capella singing group performing medieval and renaissance choral music

WHEN: Every Thursday, from 7:30 – 9:30 pm

WHERE: North side of Chicago (Andersonville)

CONTACT: Mistress Gianetta @ 312-259-6688

Vanished Wood Sewing Guild

We tend to meet twice a month, and the location rotates between various members' houses. Please direct any questions to Acelina, the seneschal of VW, at <djc137@aol.com>. The meetings start around 6:30 p.m. Please bring a dish to pass, as we tend to eat as well as sew. All interested people are welcome.

Sunday Activities

Grey Gargoyles Fighter Practice

WHEN: Starts at 2 p.m. every Sunday.

WHERE: Ida Noyes Hall - 59th St. and Woodlawn Ave, Chicago

CONTACT: Susanna the Short: mickel14@att.net

Renaissance Dance Practice (hosted by the Chicago Medieval Recreation Meetup Group)

WHEN: Every other Sunday evening (please note that the practice schedule is often irregular--please join the meetup group for current information)

WHERE: 6120 N Harlem, Chicago IL

CONTACT: www.meetup.com/medieval-70/ or Lord Dunstan darclanz8@yahoo.com

🔗 Ayreton Groups On-Line 🔗

If your group has an online presence, let us know and we'll list it here!

Barony of Ayreton: <http://groups.yahoo.com/group/Ayreton/>

The Barony of Ayreton is the name for the Chicago area within the Society for Creative Anachronism (SCA), a non-profit historic research and educational organization devoted to the study and reenactment of past people and cultures, concentrating on pre-seventeenth century Europe during the Medieval, Middle-Ages, and Renaissance periods, and to reproduce the skills and arts of this era. This is in the Midlands region (Illinois) of the Middle Kingdom (Midrealm, the Great Lakes area of the Midwest of the United States). Go to <http://www.ayreton.org> and <http://www.sca.org> for more information.

Ayreton Archers: <http://groups.yahoo.com/group/AyretonArchers/>

This is a group to help spread information to the Ayreton Area Archers. Practice times are listed under the Calendar link. Shooting hints and tips are under the Files link.

Ayreton Brewers Guild: http://groups.yahoo.com/group/Ayreton_Brewing/

This group is for all those gentles who wish to get together and pursue their interest in brewing and vinting. We are located in the Barony of Ayreton, in the Kingdom of the Midrealm. You do not need to be a member of the Barony to be a member of the group.

Here we discuss all matters pertaining the brewing of ales, mead, wines or cordials. We share recipes and tips, support and encouragement. This list is also the primary method for the guild to plan and disseminate information about upcoming meetings and workshops. So whether you are an expert brewer or complete beginner, come join us, ask questions, learn, teach and share your experiences with those around you.

Ayreton Cooks: http://groups.yahoo.com/group/Ayreton_Cooks/

This is a group for the cooks of the Ayreton area. This group is for recipes, book reviews/recommendations, where to shop for things and for the future a cooking group based in the Ayreton region.

Ayreton Scriptorium: <http://groups.yahoo.com/group/AyretonScriptorium/>

This is a discussion group for scribes in the SCA Barony of Ayreton located in Chicago and suburbs.

🦉 Officers of the Barony of Ayreton 🦉

Baron: Serjeant Henry of Exeter
(Terry Doner)

ayretonbaronessbaron@hotmail.com
(312) 504.8692

Baroness: THL Nadezda ze Zastrizl
(Merril Miller)

ayretonbaronessbaron@hotmail.com
(773) 725.8129

Seneschal: Baroness Verena Enterwith
(Bryna Chandler)

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(Blair Peterson)

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Chatelaine: Lady Ardena Wildflower
(Amy Woolard)

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Chronicler: Mistress Sarafina Sinclair
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Webminister: Lord Dunstan Bramblette
(Rob Hicks)

darclanz8@yahoo.com
(773) 512.1498

Herald: Herr Alexander Adelbrecht von Markelingen
(Ash Miller)

alexander@hausadelbrecht.net
773.443.9632

🔗 Group Information for the Barony of Ayreton 🔗

The Barony of Ayreton
(Chicagoland area)
Website: www.ayreton.org
Email list: groups.yahoo.com/group/Ayreton
Seneschal: Baroness Verena Entenwirt (verena@broomstich.com)

The Canton of Foxvale
(Aurora IL area)
Website: www.foxvale.org
Email list: Contact Lady Hillary of Langforde for information (jeffnaggie@aol.com)
Seneschal: HL Hillary of Langforde (jeffnaggie@aol.com)

The Canton of Grey Gargoyles
(South Side of Chicago)
Website: grey-gargoyles.uchicago.edu
Email list: groups.yahoo.com/group/GreyGargoyles
Seneschal: Mistress Sarafina Sinclair (sarafina.sinclair@gmail.com)

The Canton of Rokkehealden
(Southwest Chicago Suburbs)
Website: www.midrealm.org/rokkehealden
Email list: groups.yahoo.com/group/rokkehealden
Seneschal: Lord Ottokar Von Erinfels (erinfels@yahoo.com)

The Canton of Tree-Girt-Sea
(North Side of Chicago)
Website: www.treegirtsea.com
Email list: groups.yahoo.com/group/SCA-Tree-Girt-Sea
Seneschal: HL Phebe Bonedeci (reaneypj@yahoo.com)

The Canton of Vanished Wood
(Northwest Chicago Suburbs)
Website: www.vanishedwood.org
Email list: groups.yahoo.com/group/vanished_wood
Seneschal: THL Kathryn von Schlosserwold (knwkfw@yahoo.com)

